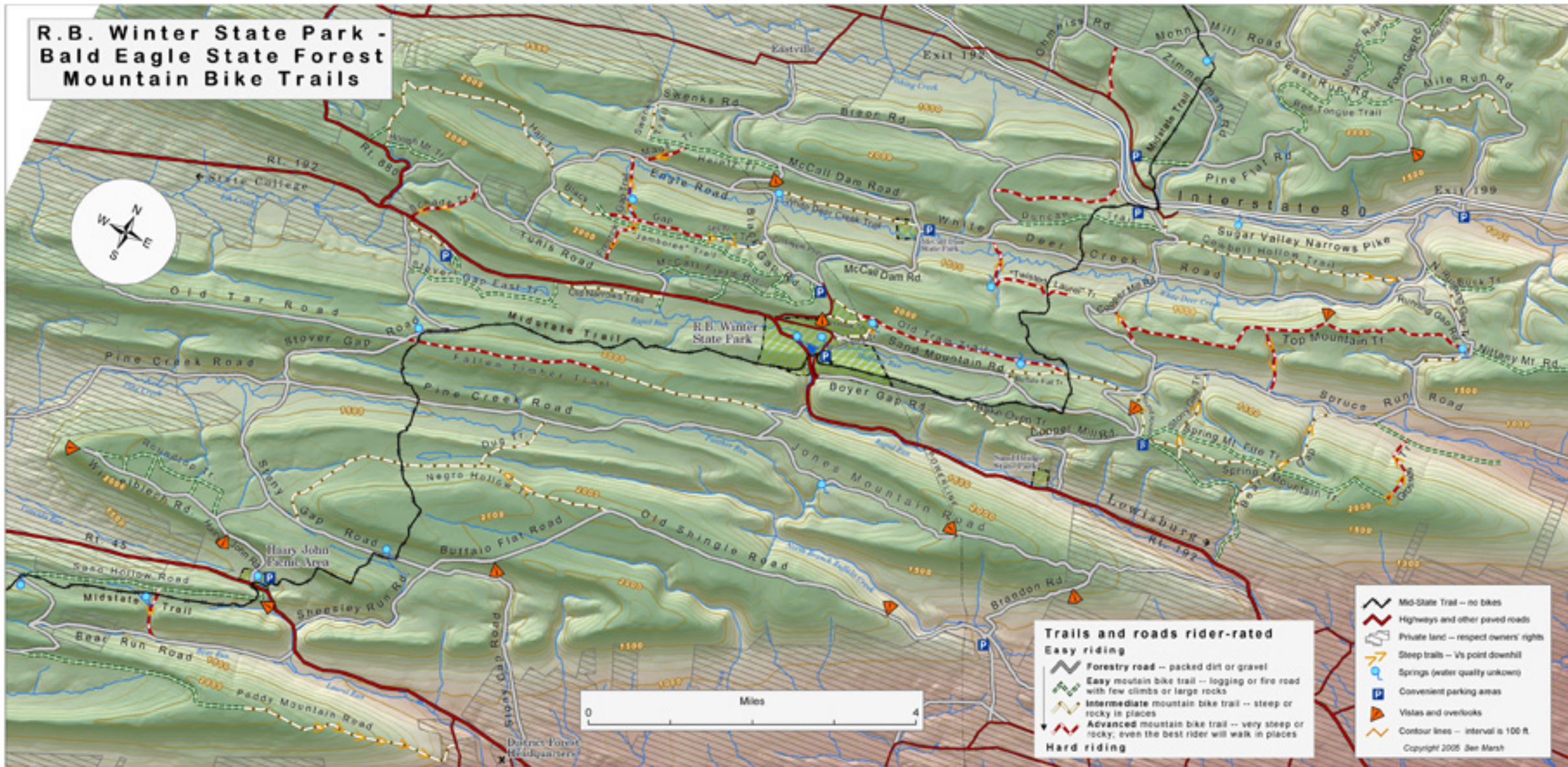


**R.B. Winter State Park -  
Bald Eagle State Forest  
Mountain Bike Trails**



**Trails and roads rider-rated**

**Easy riding**

- Forestry road -- packed dirt or gravel
- Easy mountain bike trail -- logging or fire road with few climbs or large rocks
- Intermediate mountain bike trail -- steep or rocky in places

**Hard riding**

- Advanced mountain bike trail -- very steep or rocky, even the best rider will walk in places

- Mid-State Trail -- no bikes
- Highways and other paved roads
- Private land -- respect owners' rights
- Sleep trails -- Vs point downhill
- Springs (water quality unknown)
- Convenient parking areas
- Vistas and overlooks
- Contour lines -- interval is 100 ft

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